



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update



LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 15 December 2022 and 21 December 2022, there have been 476 tests. This shows an increase of -121.7% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 11 December 2022 and 17 December 2022, 3 people had a confirmed positive test result. This shows a decrease of -40.0% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,525 people had been given a first dose by the end of 21 December 2022.

60,057 people had been given a second dose by the end of 21 December 2022.

52,842 people had been given a booster or third dose by the end of 21 December 2022.

• Healthcare in Chesterfield Royal Hospital NHS

Between 13 December 2022 and 19 December 2022, 30 went into hospital with coronavirus. This shows an increase of 150.0% compared to the previous 7 days. There were 21 patients in hospital with coronavirus on 21 December 2022.

• Deaths in Derbyshire Dales

Between 11 December 2022 and 17 December 2022, there have been 2 deaths within 28 days of a positive coronavirus test. This shows no change compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Thursday 22 December 2022.



National flu and COVID-19 surveillance reports published

Weekly national influenza and coronavirus (COVID-19) report, COVID-19 activity, seasonal flu and other seasonal respiratory illnesses.

Regulatory approval of Spikevax (formerly COVID-19 Vaccine Moderna)

Information for healthcare professionals and the public about Spikevax - Updated: 14 December 2022

Flu is circulating at high levels.

Flu is currently circulating widely, so if you or your children are eligible for a free flu vaccine, it's important to get vaccinated to avoid getting seriously unwell.

Find out more about flu and the flu vaccine ►
<https://www.nhs.uk/conditions/flu/>

SPREAD THE LOVE THIS FESTIVE SEASON... NOT THE FLU

If you have **symptoms of flu or COVID-19, try to stay at home and avoid close contact with others to protect friends and loved ones.**

New group starting in Matlock on the 14th of January 2023

GAME IN THE PEAK



Join us and immerse yourself in classic and modern board games. our competitive and co-operative group is open to all. No experience needed. feel free to bring your own game and snacks!

TO ENQUIRE ABOUT THE GROUP, PLEASE CONTACT THE DRPSS SINGLE POINT OF ACCESS ON 01773 734989. YOU ARE ALSO MORE THAN WELCOME TO JUST TURN UP TO THE GROUP.

CHURCH IN THE PEAK

MATLOCK, DE4 3EJ

EVERY SATURDAY - 6:30PM

£2.50 per session

Derbyshire Recovery & Peer Support Service



We're here

To help you **do things differently**

You may choose to feed your baby differently to your friends and family. We'll be there for you if you disagree with those around you.

#IChoose

Derbyshire Community Health Services NHS FT have launched I Choose. A campaign to support mums and families around infant feeding. If you are pregnant and thinking of breastfeeding your baby and want more information, visit our [website](#).



JOIN THE 3KM 2023 CHALLENGE

FRIENDLY, FUN AND ACCESSIBLE WALK, JOG, WHEEL & RUN 3KM CHALLENGE WITH THE CHANCE TO GRAB YOURSELF A FINISHERS MEDAL.

MATLOCK - 21 JANUARY 10AM START TIME
WIRKSWORTH - 11 FEBRUARY
BAKEWELL - 11 MARCH
ASHBOURNE - 5 APRIL
 (ASHBOURNE START IS 9.30AM)

Derbyshire DALES District Council
ACTIVE DALES Derbyshire Dales District Council
 FOR MORE INFORMATION AND TO SIGN UP VISIT: [HTTPS://WWW.DERBYSHIREDALES.GOV.UK/THINGS-TO-DO/SPORTS-HEALTH-ACTIVITIES](https://www.derbyshiredales.gov.uk/things-to-do/sports-health-activities)

Join the 3K Fun Run Challenge 2023!

Active Dales are hosting the second year of 3K walk, jog, wheel (chair) fun runs. Why not join them at one or all of the events?

'The events are a friendly, fun and accessible 3km challenge! Walk, jog, wheel (chair) or run. Being active is so important to both our physical and mental health and we wanted to find you, fun, safe and local routes to be active upon.'

Dates and locations:

Matlock's Hall Leys Park on Saturday 21st January 2023
 Wirksworth National Stone Centre on Saturday 11th February 2023

Bakewell Recreation Ground on Saturday 11th March 2023
 Ashbourne Recreation Ground on Wednesday 5th April 2023
 Start time are 10am for the events on Saturday and 9.30am for the Wednesday in Ashbourne during the Easter holidays

Tickets cost £3 per adult/child and this year we have a family ticket option. Every finisher will receive a high quality medal!

Register for the events [here](#).

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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