



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 10 November 2022 and 16 November 2022, there have been 719 tests. This shows an increase of 32.2% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 6 November 2022 and 12 November 2022, 0 - 2 people had a confirmed positive test result.

• Vaccinations in Derbyshire Dales

61,480 people had been given a first dose by the end of 16 November 2022.

60,027 people had been given a second dose by the end of 16 November 2022.

52,775 people had been given a booster or third dose by the end of 16 November 2022.

• Healthcare in Chesterfield Royal Hospital NHS

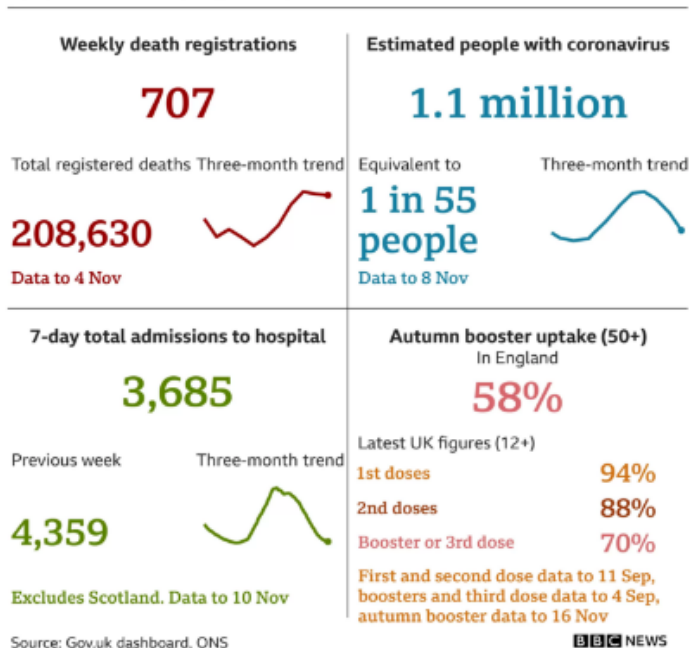
There were 4 patients in hospital with coronavirus on 16 November 2022.

• Deaths in Derbyshire Dales

Between 6 November 2022 and 12 November 2022, there have been 3 deaths within 28 days of a positive coronavirus test. This shows an increase of 200.0% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Thursday 17 November 2022.

Coronavirus in the UK



UK Commission on Covid Commemoration

Fourth Meeting of the UK Commission on Covid Commemoration

The Commission met for the fourth time, on Friday 11 November 2022, following a series of stakeholder events hosted across the UK and following the launch of the Public Consultation on 24 October.



Find out more about child #flu vaccinations & where to get them → <https://www.nhs.uk/condit.../vaccinations/child-flu-vaccine/>

• **HEALTH**

November is Men's Health Awareness Month

Men's Health Awareness Month is dedicated to bringing awareness to a wide range of men's health issues.

Globally, men die on average six years earlier than women, and for reasons that are largely preventable. Which means that it doesn't have to be that way: we can all take action to live healthier, happier and longer lives.

Mental health affects everyone regardless of gender. It has an impact on how we function physically, emotionally and socially with others and our surroundings and our mental health is integrally linked to our physical health.

• **Abdominal aortic aneurysm (AAA) screening**

AAA screening is offered to men during the screening year (1 April to 31 March) that they turn 65 to detect abdominal aortic aneurysms (a dangerous swelling in the aorta). Men over 65 can self-refer.

• **Bowel cancer screening**

Everyone aged 60 to 74 is offered a bowel cancer screening home test kit every 2 years. If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 60 60.



What is the prostate? Ask a nurse

Are you at risk of prostate cancer?

Most men with early prostate cancer don't have any symptoms. That's why it's important to know about your risk.

1 in 8 In the UK, about 1 in 8 men will get prostate cancer in their lifetime.



Over 50 years old

Prostate cancer mainly affects men over 50 and **your risk increases with age**. The most common age for men to be diagnosed with prostate cancer is between 65 and 69 years.



Resources to support - Men's Mental Health

Samaritans is a registered charity dedicated to providing emotional support to anyone experiencing emotional distress or suicidal thoughts.

Campaign Against Living Miserably is a free and confidential helpline that offers support to anyone who is in crisis.

Mind is a mental health charity that offer advice and support to people experiencing mental health issues.

MANUP? is a mental health charity that breaks the stigma around men's mental health.

Spoke is an app that promotes mindfulness techniques through music geared towards men.

• **WELLBEING**

• **COST OF LIVING**



Winter is heading our way and with it the usual sniffles, colds and seasonal ailments. Over the coming months we'll be sharing information around how to stay well during winter.

For general advice visit

www.derbyshire.gov.uk/staywellinwinter



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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