



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 27 October 2022 and 2 November 2022, there have been 171 tests. This shows a decrease of -82.0% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 23 October 2022 and 29 October 2022, 0 - 2 people had a confirmed positive test result.

• Vaccinations in Derbyshire Dales

61,489 people had been given a first dose by the end of 2 November 2022.

60,041 people had been given a second dose by the end of 2 November 2022.

52,729 people had been given a booster or third dose by the end of 2 November 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

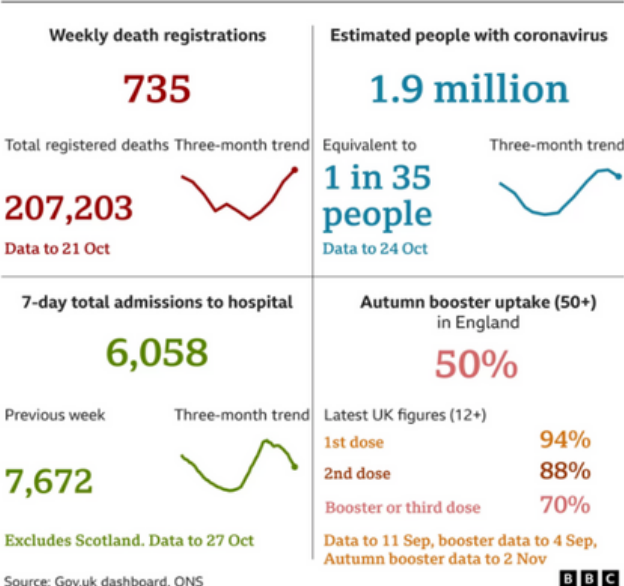
Between 25 October 2022 and 31 October 2022, 15 went into hospital with coronavirus. This shows a decrease of -55.9% compared to the previous 7 days. There were 5 patients in hospital with coronavirus on 2 November 2022.

• Deaths in Derbyshire Dales

Between 23 October 2022 and 29 October 2022, there have been 0 deaths.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Thursday 03 November 2022.

Coronavirus in the UK



Vaccines are the best protection we have against dangerous viruses like flu and Covid-19. That's why eligible people are being offered free flu vaccinations and Covid-19 boosters this year.

The flu vaccine is given free on the NHS to adults who:

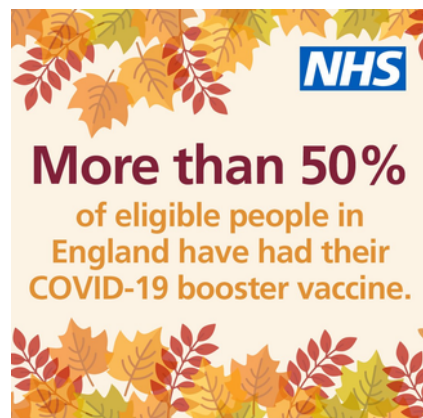
- are 50 and over (including those who will be 50 by 31 March 2023)
- have certain health conditions
- are pregnant
- are in long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get a severe infection due to a weakened immune system.

If you're eligible for the free flu vaccine, it's likely you can also get the coronavirus (COVID-19) seasonal booster. Getting both vaccines is important because:

- more people are likely to get flu this winter
- you're more likely to be seriously ill if you get flu and COVID-19 at the same time

It's safe to have both vaccines at the same time, but you need to book them separately.

[Find out more about winter vaccinations here.](#)





WOMEN'S CANCER SUPPORT GROUP

The group welcomes any women affected by cancer – whether you've had a diagnosis or support someone who has.

Small, friendly, informal meetings with speakers or activities or just an opportunity to chat over a cuppa.

Meetings are free to attend and meet once a month on a Wednesday morning (11am-12.30pm) in the centre of Ashbourne.

For more details please phone 01335 348600, email dales@connex.org.uk or call into our offices at Compton Offices, Ashbourne, DE6 1BW



We provide support services to the people and communities of the Derbyshire Dales and High Peak Registered Charity No. 1067193



Women's Cancer support group in Ashbourne for women with a cancer diagnosis and also those women who are caring for someone with a cancer diagnosis.
Contact 01335 348600 for more information



All of us will experience stress at some point - but ongoing stress can have serious impacts on your health and wellbeing.

During Stress Awareness Week we're looking at ways to deal with stress, and also how to spot if it's becoming an issue.

Stress can cause many different symptoms. It might affect how you feel physically, mentally and also how you behave.

Find out more about stress, and how to deal with it on the [NHS website here](https://www.nhs.uk).



TEA, TALK 'N' TECH DIGITAL CAFÉ

GET ONLINE & GET CONNECTED



Free and friendly help to get connected at the Ashbourne Sports & Community Pavilion. Laptops available for use & free parking

Thursdays 11am - 1pm

Join us for a cup of tea & online support!



01335 818283



A cough that lasts three weeks or more could be a warning sign

Contact your GP practice



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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