



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

- **Testing in the Derbyshire Dales**

Between 6 October 2022 and 12 October 2022, there have been 750 tests. This shows an increase of 12.1% compared to the previous 7 days.

- **Cases in Derbyshire Dales**

Between 2 October 2022 and 8 October 2022, 12 people had a confirmed positive test result. This shows an increase of 9.1% compared to the previous 7 days.

- **Vaccinations in Derbyshire Dales**

61,503 people had been given a first dose by the end of 12 October 2022.

60,056 people had been given a second dose by the end of 12 October 2022.

52,604 people had been given a booster or third dose by the end of 12 October 2022.

- **Healthcare in Chesterfield Royal Hospital NHS Foundation Trust**

Between 4 October 2022 and 10 October 2022, 49 went into hospital with coronavirus. This shows a decrease of -12.5% compared to the previous 7 days. There were 27 patients in hospital with coronavirus on 12 October 2022.

- **Deaths in Derbyshire Dales**

Between 2 October 2022 and 8 October 2022, there have been 3 deaths within 28 days of a positive coronavirus test. This shows an increase of 200.0% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Thursday 13 October 2022.



- **Covid-19 vaccination clinics list -**

You can check out the latest clinics across Derby and Derbyshire [here](#).

- **Who is eligible for the vaccine?**

- **Vaccinating children**

- **Vaccinations and pregnancy**

HM Government

BOOST YOUR IMMUNITY THIS WINTER WITH THE FLU VACCINE + COVID-19 BOOSTER

People aged 50 and over are now eligible for their flu and COVID-19 vaccines.

Flu vaccine

Flu vaccination is safe and effective. It's offered every year through the NHS to help protect people at risk of getting seriously ill from flu.

NHS

If you care for someone at home, don't forget to get your COVID-19 and flu vaccinations

• HEALTH

• WELLBEING

• COST OF LIVING

SHOW YOUR LUNGS SOME LOVE

WE OFFER FREE STOP SMOKING SUPPORT.

Live Life BETTER DERBYSHIRE

say *yes* to a healthier you

Get free stop smoking support in your back pocket.

Download Derbyshire County Council's free My Quit Route app.

Visit: derbyshire.orcha.co.uk

My Quit Route stop smoking app - If you're quitting for good this Stoptober then why not download our FREE stop smoking app - My Quit Route. It offers evidence based support and advice on how to stop smoking, and stay smoke free.

Find out more, and download the app, on Orcha [here](#).

Better Health every mind matters

Be kind to your mind. There are small things we can all do to help be kind to your mind, and these can make a big difference to how we feel.

Get expert advice and practical tips to help you look after your mental wellbeing and make them part of your daily routine.



Answer 5 simple questions to get a free, personalised mental health action plan, with tips to help you deal with stress and anxiety, boost your mood, sleep better and feel more in control.

[Get your free mind plan](#)

We know that costs are rising and that you might have worries about money, debt, energy costs and other issues. Here you'll find lots of [Cost of Living](#) support in one place.

Costs are rising but there's support out there.

Don't miss out. Visit: www.derbyshire.gov.uk/costofliving

HELPING YOU WITH THE COST OF LIVING

SEVERN TRENT

With rises in the cost of living, it can be a real struggle to look after your money and afford all your bills.

Is your household income below **£18,278**? If yes, then [Big Difference Scheme](#) can offer a reduction of water bills up to 90%. We'll assess your household income, and let you know how big a reduction you could get. All you'll need to do is provide evidence of your household income which could include:

- Payslips from within the last 3 months
- Benefit award letters from the Department for Work and Pensions

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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