



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 3 August 2022 and 9 August 2022, there have been 1,657 tests. This shows an increase of 11.3% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 30 July 2022 and 5 August 2022, 4 people had a confirmed positive test result. This shows a decrease of -55.6% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,660 people given a first dose by the end of 9 August 2022.
60,153 people given a second dose by the end of 9 August 2022.
52,585 given a booster/3rd dose by the end of 9 August 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 1 August 2022 and 7 August 2022, 21 went into hospital with coronavirus. This shows a decrease of -34.4% compared to the previous 7 days.

There were 10 patients in hospital with coronavirus on 9 August 2022.

• Deaths in Derbyshire Dales

Between 30 July 2022 and 5 August 2022, there has been 1 death within 28 days of a positive coronavirus test.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Wednesday 10 August 2022.



• JCVI publishes advice on COVID-19 vaccines for autumn booster programme

All of the available boosters provide good protection against severe illness from coronavirus (COVID-19).

• First bivalent COVID-19 booster vaccine approved by UK medicines regulator

The adapted COVID-19 vaccine made by Moderna targets two different coronavirus variants – the original virus from 2020 and the Omicron variant

• Regulatory approval of Spikevax bivalent Original/Omicron booster vaccine

Information for healthcare professionals and the public on Moderna's bivalent vaccine.



Monkeypox is a rare viral infection that can be spread through close physical contact such as kissing, skin-to-skin touch, having sex or sharing bedding or towels.

These are the signs and symptoms to be aware of:

- recent unexpected spots, ulcers or blisters anywhere on your body
- fever
- headaches
- muscle aches
- chills and exhaustion
- swollen glands.

If you have any of these symptoms you should avoid close contact with others until you've received medical advice.

If you have concerns call your nearest sexual health service or call NHS 111. You shouldn't visit the GP or any walk-in treatment clinics.



Monkeypox vaccination is currently recommended for: some healthcare workers, some men who are gay, bisexual or have sex with other men, and people who have been in close contact with a confirmed case.

The #NHS will contact you if you are in those groups.

<https://www.nhs.uk/conditions/monkeypox/>

WELLIES PROJECT

www.welliesproject.co.uk



Therapeutic learning activities with animals, plants, creativity and the countryside for people recovering from poor mental ill health.

- **FREE course for people living in Derbyshire, Free minibuss pick up from Swadlincote, Hatton and Ashbourne.**
- **Build confidence and self esteem.**
- **Participants will work towards an Award in Personal Development.**



Starting on Fridays from the 23rd September 2022, 10am - 3pm.

To find out more email julie@growingruralenterprise.co.uk or call 07971 666474



WELLIES PROJECT



WELLIES_PROJECT

WELLIES is run by Julie White and Nick Platt, founders of the WELLIES Project and Staffordshire Care Farming Development CIC, a not for profit company.

WELLIES has been running for twelve years and as rural business advisors Julie and Nick often help other people to develop care farming enterprises.



Visit the [Wellies website](http://www.welliesproject.co.uk) to find out more

WELLIES STANDS FOR:

- WELLNESS
- EDUCATION
- LEARNING
- LAUGHTER
- INSPIRATION
- ENVIRONMENT
- SKILLS



Listeriosis is not usually serious for most people, but there are some groups at higher risk, like #pregnant women & those with weakened immune systems.

Listeriosis is a rare infection caused by bacteria called listeria. It usually goes away on its own, but can cause serious problems for some people.

How you catch listeriosis

Listeriosis is usually caught from eating food containing listeria bacteria.

You can get it from lots of types of food, but it's mainly a problem with chilled, ready-to-eat foods, such as:

- cooked sliced meats and cured meats
- smoked fish and cooked shellfish
- blue veined and mould-ripened soft cheeses, like camembert and brie
- pâté
- pre-prepared sandwiches and salads
- some pre-prepared fruit, including melon slices
- unpasteurised milk
- dairy products made from unpasteurised milk

The NHS website has info on what to do to avoid Listeriosis.

<https://www.nhs.uk/conditions/listeriosis/>

#Listeria #Listeriosis
#FoodSafety

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk