



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 24 June 2022 and 30 June 2022, there have been 1,882 tests. This shows an increase of 8.5% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 20 June 2022 and 26 June 2022, 19 people had a confirmed positive test result. This shows an increase of 137.5% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,602 given a first dose by the end of 30 June 2022.
59,980 given a second dose by the end of 30 June 2022.
52,429 given a booster or third dose by the end of 30 June 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 20 June 2022 and 26 June 2022, 14 went into hospital with coronavirus. This shows a decrease of -33.3% compared to the previous 7 days. There were 23 patients in hospital with coronavirus on 28 June 2022.

• Deaths in Derbyshire Dales

Between 20 June 2022 and 26 June 2022, there have been 2 deaths within 28 days of a positive coronavirus test. This shows an increase of 100.0% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Friday 1 July 2022.



Chesterfield Royal Hospital
NHS Foundation Trust

Visiting, masks and swabbing updates at Chesterfield Royal Hospital

On Friday (24 June), Chesterfield Royal Hospital announced an easing of restrictions to the number of visitors and times allowed to stay with patients.

Update from **Hannage Brook Medical Centre** (Wirksworth):
The national guidance on face mask wearing in health care settings has changed. Many local health providers, including the Derby and Chesterfield hospitals and Derbyshire Community Health Service, have responded by changing their mask wearing policies. The policy at Hannage Brook Medical Centre is changing too, as of Monday 27th June. For more information follow the link [here](#).



We have extended the deadline for businesses to apply for the Covid Additional Relief Fund until 31st August.

To qualify for this relief a business must:

- ✓ Have (or have had) an amount of business rates to pay in respect of a property for 2021/22
- ✓ not be entitled to the extended retail discount, or nursery discount, from rates (this is properties used for retail, hospitality, or leisure purposes)
- ✓ be in actual occupation of the property during 2021/22
- ✓ have been adversely affected by Covid

Businesses who meet the criteria can apply [here](#)



Everyone aged 16 and over is eligible for the #COVID19 booster dose.

If you haven't had yours yet, you can still come forward and get protected.

Book online or find a walk-in centre: nhs.uk/covidvaccine

YOUR HEALTH & WELLBEING - INFORMATION



Talk to Us

July is the Samaritan's annual Talk To Us month, reminding people that they are there to help. Find out more here: <https://www.samaritans.org/support-us/campaign/talk-us/>

Every July, Samaritans branches across the UK and Ireland hold local events to talk about the services they offer in their communities. It's also a good chance to encourage everyone to have a conversation about mental health and wellbeing. Whether it is picking up the phone, dropping someone an email or having a chat over a cuppa, every conversation can make a difference.

Whatever you're going through, you can call the Samaritans free any time, from any phone, on 116 123.

Other help and advice is also available online at www.derbyshire.gov.uk/mentalhealth



Strictly No Falling Classes - Falls Prevention classes around Derbyshire

National recommendations from the Department of Health state that, as we get older, in order to get the health benefits of being active we should do the following:

- Aim to be active daily and try to do at least 2.5 hours of moderate intensity activity a week
- Do exercises to improve the strength of our muscles and bones.
- Do exercises to help improve our balance and coordination.
- Strength and balance is considered to be one of the biggest interventions in reducing the risk of falls.

All of the Strictly No Falling classes will include exercises to help you achieve these objectives. All of the staff working to deliver these sessions are well qualified and have been approved by the Falls Activity Advisors.

Download a list of Strictly No Falling classes [here](#). Then follow the link for each area.



"Memory Cafe is always on the second Monday of each month so the next one is July 11th when the theme is 'Summer holidays' and will have a distinctly seaside flavour to it!

As always lots of wonderful memories to be shared, tea-time treats, music and plenty of laughter!



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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