



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 20 June 2022 and 26 June 2022, there have been 1,808 tests. This shows an increase of 5.8% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 16 June 2022 and 22 June 2022, 16 people had a confirmed positive test result. This shows a decrease of -11.1% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,585 given a first dose by the end of 26 June 2022.
59,944 given a second dose by the end of 26 June 2022.
52,388 given a booster/third dose by the end of 26 June 2022.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 13 June 2022 and 19 June 2022, 21 went into hospital with coronavirus. This shows an increase of 5.0% compared to the previous 7 days. There were 21 patients in hospital with coronavirus on 21 June 2022.

• Deaths in Derbyshire Dales

Between 16 June 2022 and 22 June 2022, there have been 0 deaths within 28 days of a positive coronavirus test.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 27 June 2022.

Joined Up Care
Derbyshire



'Derbyshire Post (Long) Covid Management Service' - Information for patients and carers



What is post (long) COVID syndrome?

Post COVID Syndrome is also known as 'Long COVID' and can cover a large range of symptoms that last for 12 weeks or more after you first contracted COVID-19. You do not need to have had a positive COVID-19 test to be experiencing Post COVID-19 Syndrome.

What should I do?

If you believe you are suffering from Post (Long) Covid please make an appointment to discuss with your GP. Following your initial doctor's appointment, if appropriate, your doctor will refer you to the Derbyshire Post (Long) Covid Management Service. This service supports people who have complex problems, following an infection of COVID-19. You will be offered an assessment and will be able to talk to an expert about the best way to manage your health. You may also be sent for more tests, if needed. The service offers an assessment of your condition which will determine if a rehabilitation plan specific to your needs is required.

What happens next?

After receiving your referral, the Post (Long) Covid Management Service team will look at your case to make sure that you have been directed to the correct service. A team member will call you and provide you with the next steps. These could be:

- A telephone call to help the team get more information about you and your condition
- Setting up an initial assessment with a specialist clinician which is carried out over the phone
- Getting advice on how to manage your problem
- Booking a hospital appointment for further assessment

If needed, you will be offered an appointment at a time and place suitable for you with the Post (Long) Covid Rehabilitation Team, based either at Chesterfield Royal Hospital or Florence Nightingale Community Hospital Derby. You will follow a personalised rehabilitation plan, comprising of any or all of the following areas:

- Vocational Rehab (help to return (or to remain) in employment)
- Chronic Fatigue
- Cardio/Respiratory (Breathlessness)
- Help with managing the emotional impact of having Post (Long) Covid (Health Psychology)

Additional appointments may be set up for other services if the specialists think you need it, other services include weight management, exercise programmes and health and wellbeing support.

The team will need to be able to see your medical record. If you are worried about this, please speak to the person on the phone when they call. This service is under regular review and development and will continue to adapt to the changing needs of our population.

How will we contact you?

Calls from your doctor or the Post Covid Management Service will be made Monday – Friday between 9:00am and 5:00 pm. You may be called from an unknown or withheld number. To request a copy of the information discussed with you on the telephone, you can ask the person on the call, and they will send it to you. The service may also contact you by letter, email, or text.

Joined Up Care
Derbyshire



Covid is still circulating. Keep your family doing all the things they love by getting everyone vaccinated. Vaccines for ages 5+ are now available. Find your nearest walk-in clinic and more info [here](#).



YOUR HEALTH & WELLBEING - INFORMATION



UK Health
Security
Agency

Immunisation helps to protect your family from disease

Even though there is a COVID-19 vaccine for adults, there are still many routine vaccines to protect infants and children from serious diseases still circulating in our communities.

We need all parents and carers to check their child's Red Book and make sure that they are up to date with all their vaccinations. Speak to your GP practice and make a planned appointment to have your child vaccinated.



Keeping up to date with routine vaccinations gives you and your children the best protection from infectious diseases.



Have your say!
Tell us how changes
at your GP practice
have impacted you

healthwatch
Derbyshire

There is still time to let Healthwatch Derbyshire know about how changes at your GP practice have impacted you.

The way we access our GP Practices has changed over the past few years, with these changes potentially being permanent. You may have found that access to care has moved to a triage system and online services with a mixture of video, telephone and face-to-face appointments.

They would like to hear from patients, carers, and service users about how these changes may have impacted them!

Feedback from the survey will help local health providers to understand how these changes have impacted patients, what is working well and what could be made better.

Take the survey [here](#)

healthwatch
Derbyshire

DARLEY DALE GARDENING GROUP

Community Garden . Every Wednesday . 1:30pm till 2:30pm

Our Darley Dale Gardening Group is for those who suffer with their mental health and find a relief in gardening.

Come and join us in the Darley Dale Community Garden for a chat and a spot of gardening!

If you are interested in joining the group, or are green fingered and have a passion for helping others, please get in touch with April on april.parker@rethink.org!

Derbyshire Recovery & Peer Support Service

New Gardening Group in Darley Dale will be opening it's doors on Wednesday 29th June, 1.30pm – 2.30pm down in the Darley Dale Community Garden ☺ It's situated across from the Church Inn pub.

If you're green fingered and have a passion for gardening or simply would like to do something a little different with your week, then please feel free to pop down! You can contact our Group Development Worker April on april.parker@rethink.org or our Single Point of Access on 01773 734989.

Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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