



COMMUNITY VOICE

Welcome to the Derbyshire Dales Community Voice Update

LATEST COVID-19 UPDATES:

• Testing in the Derbyshire Dales

Between 23 May 2022 and 29 May 2022, there have been 1,408 tests. This shows a decrease of -30.0% compared to the previous 7 days.

• Cases in Derbyshire Dales

Between 19 May 2022 and 25 May 2022, 0 - 2 people had a confirmed positive test result. This shows a decrease of N/A% compared to the previous 7 days.

• Vaccinations in Derbyshire Dales

61,583 given a first dose by the end of 29 May 2022.
59,888 given a second dose by the end of 29 May 2022.
52,282 given a booster or third dose by the end of 29 May 2022.

The NHS is still offering the COVID19 vaccine to anyone who hasn't come forward yet.

This includes:

- first & second doses for people aged 5+
- boosters for people aged 16+
- spring boosters for those eligible

Book online or find a walk-in centre [here](#)

HM Government NHS
YOU CAN STILL GET A FIRST DOSE OF COVID VACCINE
GO TO A WALK-IN CENTRE
BOOK AN APPOINTMENT
FIND OUT MORE AT [NHS.UK/COVIDVACCINE](https://www.nhs.uk/COVIDVACCINE)

HM Government NHS
Age 75 or over?
If you had your first booster 6+ months ago, you can now get a second booster.
BOOK YOUR SECOND BOOSTER WHEN INVITED.

• Healthcare in Chesterfield Royal Hospital NHS Foundation Trust

Between 16 May 2022 and 22 May 2022, 22 went into hospital with coronavirus. This shows an increase of 15.8% compared to the previous 7 days.

There were 18 patients in hospital with coronavirus on 24 May 2022.

• Deaths in Derbyshire Dales

Between 19 May 2022 and 25 May 2022, there have been 0 deaths within 28 days of a positive coronavirus test. This shows a decrease of -100.0% compared to the previous 7 days.

Key statistics from the UK Coronavirus (COVID-19) Dashboard - last updated on Monday, 30 May 2022.

If you think you need urgent dental treatment over the Bank Holiday weekend, contact your dentist directly.

NHS
If you think you need urgent dental treatment this bank holiday, call your dentist.
If you cannot contact your dentist, or you don't have one, use the NHS 111 service.
If needed, urgent appointments will be arranged at an out of hours service.

111 help us help you

GP practice services will largely be closed over the Jubilee bank holiday (2nd and 3rd June). If you need medical advice call 111 or visit 111 online which can advise you on the best place for you to get the help you need. For emergencies, ring 999.

YOUR HEALTH & WELLBEING - INFORMATION

National Smile Month: 16 May to 16 June aims to raise awareness of important oral health issues and champions the benefits of a healthy smile.



It's particularly important to bring awareness to the connection between oral and mental health. Oral health is often overlooked when thinking about how poor mental health can impact us physically.

A common sign of depression is a neglect of personal wellbeing, which can include oral health. Depression may also increase the likelihood someone turns to smoking, alcohol and illegal drugs as a way of coping, all of which increase the risk of oral health issues like gum disease and mouth cancer.

Dental anxiety can also be a serious issue, with around 4 in every 10 adults in the UK having a fear of the dentist and 1 in 10 adults having some form of extreme anxiety which may prevent them from visiting the dentist.



The graphic features two circular icons: one with a white tooth and another with a toothbrush. Below the icons, the text reads: "Let's talk teeth", "Get lots of advice on how to keep your smile in top condition.", and "www.derbyshire.gov.uk/oralhealth". The Derbyshire County Council logo is in the top right corner.

Oral health is all about the health of your teeth, gums and mouth. Tooth decay and gum disease are the most common oral health problems, but they are largely preventable with the right oral health routine.



Drive Safer for Longer...

Older motorists have a wealth of driving experience and driving offers freedom and independence, but as we get older our health and fitness, including eyesight and reaction times begin to decline.

Derbyshire County Council are offering free 'driving safer for longer' information sessions to Derbyshire residents aged 65 years and older.

The 'driving safer for longer' information sessions offer attendees a chance to update their driving knowledge. The session covers the following themes:

- hazard perception
- vehicle adaptations
- eyesight and hearing
- smart motorways
- drink and drug driving
- seatbelts and children's car seats
- information about giving up driving

Dates

- Monday 19 September 2022 - Ilkeston Fire Station from 1.30pm to 3pm
- Tuesday 27 September 2022 - Buxton Fire Station from 11am to 12.30pm
- Tuesday 11 October 2022 - Swadlincote Fire Station from 11am to 12.30pm
- Monday 21 November 2022 - Alfreton Fire Station from 10.30am to midday

[Book a place here.](#)

Do you have young children in your family, or are you about to become a new parent? Are you a teacher or work with children and families: this could be a great app for you!

HANDi Paediatric app gives up-to-date advice & treatments for common childhood illnesses. This is to free download for any Apple or Android smartphone or tablet. Developed by NHS paediatric consultants and provides access to home care plans, as well as GP and hospital clinical guidelines, for the most common childhood health care conditions:

- Diarrhoea and vomiting
- 'Chesty baby' illnesses, such as bronchiolitis, asthma and croup
- 'Chesty child' illnesses, such as wheezing and asthma
- High temperature
- Abdominal pain
- Common newborn problems

The HANDi Paediatric app is available to download for free onto any Apple or Android smartphone or tablet.

<http://play.google.com/store/apps/details...>

<https://apps.apple.com/gb/app/handi-paediatric/id969445171>



Keeping in touch: If you have any questions, ideas or concerns please email: Rachel@ddcvs.org.uk

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