



Derbyshire Dales CVS

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October 2011

The newsletter of Derbyshire Dales  
C o u n c i l V o l u n t a r y S e r v i c e

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## Ten out of ten for First Taste!

### Announcing this year's winner of the Celebrating People Award:

It's hard to believe that this year sees our tenth award to a local voluntary group. We initially set up the celebrating people award in honour of our first chairman Jim Heslop who sadly died in 2002. Jim had been very active in the community particularly in Ashbourne where he lived, and we wanted to honour his commitment and support of the voluntary and community sector. Nine years on we continue to do this and thanks to a kind donation from a local member we are able to carry on awarding £100 to a local group each year.

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This year we have awarded the prize to First Taste. First Taste seeks to enhance the quality of life for frail older people living in nursing or residential care home or attending day care centres in the Derbyshire Dales. First Taste does this by encouraging care staff to develop holistic skills to assist the older people in their care to be involved in the creative arts and other meaningful experiences. First Taste wins a commemorative plaque, framed certificate and a cheque for £100. We will be presenting the award to them at our AGM on 27th October at the Agricultural Business Centre, Bakewell.

**2002: High Peak Diabetic Self-Help Group**

**2003: Starkholmes and District Thursday Club**



**2004: Bakewell Friday Club**

**2005 - Ashbourne Club for those with Impaired Vision (ACTIV)**

**2006 – Riverside Club**

**To be awarded:**

**2011  
First Taste**



**2007 – Riding for the Disabled**

**2008 – Kniveton Out & About Club**



**2009 – Elton Local History Group**



**2010  
Little Green Space**

**Ten Awards: 10 Great Groups!**

# Core work

This quarter DDCVS development workers Sarah and Jonathan have been working with a variety of groups over issues including writing a constitution, planning a new group and its focus, legal structures and looking for funding. If you would like any help with developing your group please do not hesitate to get in touch. We are both part-time but cover the whole of the working week so you should always find one of us available to talk to.

We also offer a suite of training sessions that can be delivered throughout the year at your convenience. Topics include creating a blog; putting together publicity for your group; budgeting and cash-flow; how to be a good trustee and legal structures for voluntary organisations. These courses do not have fixed dates or times please just call us if you are interested in any of them and we will arrange a mutually convenient time to run the session. Tel: 01629 812154.

In February we will be running a Emergency First Aid course, similar to the course well received in Ashbourne last year as part of the Improving Reach programme. The course won't be funded this time but if we have 10 participants it is likely cost £45 each. If you would like to register an interest in this course

which would be a full day please contact Sarah. Email [sarah@ddcvs.org.uk](mailto:sarah@ddcvs.org.uk)

It recently came to light that many of the organisations / businesses that we usually signpost groups to with regard to CRB checks no longer operate or are full. And to that end we have removed our fact-sheet *Where to get a CRB check?* from our website and we are updating it. The service at Glossop Volunteer Centre is full, Nottingham CVS, Connexions and Trust Health Care Management all no longer operate a CRB service. Amber Valley CVS does still operate a service and the contact is Emma Rodgers. Tel: 01773 512076.

There is the disclosures website which offers a fully online service but you have to sign up to registering at least 10 disclosures. *(If that is over an unspecified length of time that may suit some groups but we will check this for the new fact-sheet, Sarah).*

If anyone has any recommendation of a good service provider they found when they had to get a CRB check, particularly for volunteers, please do get in touch as we would like to share that information.

Tel 01629 812154 or Email [sarah@ddcvs.org.uk](mailto:sarah@ddcvs.org.uk)

# More CVS News

## **Room hire and practical services from DDCVS**

We have desk space available for hire on a regular or ad hoc basis. Hire includes the use of telephone, internet access and designated filing space. We also have a meeting room available for hire. The meeting room is equipped with projector screen, free Wi-Fi internet access and flipchart. Our other equipment available for hire is: PowerPoint projector, laptop, overhead projector and a digital camera.

There are other services that both members and non members of DDCVS can access from us. These include black and white, and colour copying; A3 and A4 laminating; administration services and the use of a computer. If you have any queries about the desk space, meeting room or equipment, or using any other of our services please call Janet Smith on 01629 812154 or email [enquiries@ddcvs.org.uk](mailto:enquiries@ddcvs.org.uk)

Development Worker, Jonathan Simcock has been delivering a series of training sessions, financed by an award from DDAN, to a group of persons with Learning disabilities and their supporters who meet at Golding House Day Centre, Matlock.

The sessions have been designed to meet the training needs of the group, which comprises two persons with learning disabilities and their support workers.

The purpose of the four sessions is to assist the group to look into the issues involved in setting up as a regular user-led group meeting to socialise as well as to learn about developments in Adult Social Services Care and to give feedback to the elected 'Reps' working within the 'Reps on Board' scheme.

The training sessions are intended to take those attending through the stages involved in setting up this kind of group including issues such as holding an initial meeting; deciding the name of the group; drafting the 'mission statement'; looking at the content and wording of the groups constitution and policies.

On completion of the sessions it is hoped that a user led group will be formed which will involve service users of Golding House and other persons with learning difficulties in the Matlock area. At present there is a group of this kind in the High Peak area (Speak and Eat) but no such group in the Matlock and Derbyshire Dales area.

# Community Development and Health Trainer work

## News from Hurst Farm

Caroline Stone, Community Development Worker has several new members at the Crafty Natters Club which is running really well. Any donations of craft materials, wool, patterns, etc are gratefully received. The group meets on Tuesdays 9.30-11.00 at Hurst Farm Community Centre.

A new cookery course starts on the 12th October and runs for 8 weeks ending on 30th November. This course is currently full but there are plans for another course so get your name down early with Caroline. Tel 07760 615519.

The Food Co-op runs every Friday morning from Hurst Farm Community Centre. To place your order for a fruit or veg bag call Caroline (number as before) or Mick (07981 206698).

'Street Games' has now moved indoors and we are at the Dales Christian Centre on Chesterfield Road on Tuesday evenings. The under 12s group is 5.30-6.30 and the 12-18s group is 6.30-7.30. There is a play room with pool table, air hockey and table tennis and another room with a different sport in each week. Street Games is a community project run

in partnership with Derbyshire Dales District Council's Marie Widerman. Caroline will be at Dene Fields with Groundwork doing something suitably Halloween themed on Thursday 27th October - weather permitting. If the weather is very wet they'll be at the community centre. Caroline has been asked to run an activity at the launch of the new children's centre in Ashbourne. The new centre official opening is on Tuesday 25th October and Caroline will be den building with local residents.

## Health Trainer News

After a period of sick leave Trish King, our health trainer is now back on fine form. Trish is a fully qualified health trainer, having completed her NHS accredited training around lifestyle choices to improve health and well-being. Trish is currently renewing all the networks and has started seeing clients. She has a half-day slot at Lime Grove Surgery, Matlock on a Thursday afternoon. Trish can help with issues such as stopping smoking, drinking less alcohol, eating more healthily and taking more exercise. If you would like more information about the service please contact Trish on 07909 232557 or email [trish@ddcvs.org.uk](mailto:trish@ddcvs.org.uk)

# Funding News

## **Community Action against Crime**

The Home Office has now launched a 2 year programme of funding the first slice of which is now available through Community Development Foundation. The Community Action against Crime: innovation fund will encourage effective partnerships to get everybody working together to tackle crime.

It will be used to encourage voluntary and community groups to work with their community safety partnership to tackle local crime problems, including through co-design and co-delivery of initiatives to cut crime. Applications from grassroots community activists who are not traditional recipients of government grants are encouraged.

To find out more including eligibility and how to apply visit: <http://www.cdf.org.uk/web/guest/crime-innovation-fund>

## **Big Lottery Fund's Silver Dream**

**Fund**, in association with the Daily Mail, offers an exciting new opportunity for groups to test out a range of ideas about new ways to support older people, whilst building on the wealth of experience and skills that they have to offer to others, including their families, neighbourhoods, and local communities. The challenge is to come up with a great idea that will pioneer ways to help vulnerable older

people deal more effectively with life-changing events. Ideas also need to reflect five themes:

- Helping older people to help themselves
- Working with others
- Managing better
- Volunteering
- Testing new ways of working

Big are interested in testing out new ideas or growing what works in new ways - this fund is not for just doing more of the same. Whilst only voluntary and community groups, registered charities, social enterprises and other not for profit companies will be able to submit ideas directly, partnerships could include private sector and statutory bodies.

If you value older people as active participants with voices that need to be heard, and who have an important role in to play in seeking solutions for current and future generations, and you want to find out more about this opportunity and how to submit your idea, please visit the website [www.biglotteryfund.org.uk](http://www.biglotteryfund.org.uk) or contact the Big Advice Line on 0845 4 10 20 30. Please note the closing date for the initial submission of ideas is 28 October 2011.

# Funding News

## Health Development Fund

We have a fund which we administer on behalf of both Derbyshire County Primary Care Trust and the Derbyshire Dales and High Peak Local Strategic Partnership's Choosing Health fund.

The fund is used to make grants to voluntary and community groups in the Derbyshire Dales for health and well-being related activities. Grants awarded are up to £500. To apply for this fund you must:

- Be a non-profit making voluntary sector organisation or community group that is based in and / or works in the Derbyshire Dales;
- Have an annual turnover of less than £20,000 in your last financial year;
- Have a management committee;
- Have a bank account in the name of the organisation;
- Have a constitution or other form of governing document.

You can download an application form and information sheet about the grant from our website [www.ddcvs.org.uk](http://www.ddcvs.org.uk) or email [enquiries@ddcvs.org.uk](mailto:enquiries@ddcvs.org.uk) for a copy. The next deadline for this grant is 31st December 2011.

## Sporting Funds

**Boost Charitable Trust** gives grants of up to £500 to support disabled and disadvantaged people to overcome

challenges through sport. To date they have supported a wide range of sporting projects. You can view some of these projects on their website to get an idea of what they may fund.

Contact: Lucy Till, Boost Charitable

Trust, Telephone: 020 7078 1955

Email: [lucy.till@boostct.org](mailto:lucy.till@boostct.org)

Website: [www.boostct.org](http://www.boostct.org)

## The Nationwide Foundation Small Grants Programme

Small grants can be applied for by registered charities working for the benefit of all older people or survivors of domestic abuse to improve their housing needs and address financial exclusion. Grants of up to £5,000 are available to registered charities with incomes of under £750,000.

The application process is very simple and if you would like to apply for funding and find out more about our criteria, you should visit

[www.nationwidefoundation.org.uk](http://www.nationwidefoundation.org.uk) or

email:

[enquiries@nationwidefoundation.org.uk](mailto:enquiries@nationwidefoundation.org.uk).

Tel: 01793 657181

*Please note that Jennifer Thompson of Nationwide Foundation emailed us directly to say that they would like more applications from Derbyshire.*

# For information

## **Bakewell and Eyam Community Transport.**



*Bus-washing at BECT's new premises*

Does your community club or organisation hire group transport – especially in the evenings and at weekends? If so, Bakewell & Eyam Community Transport can offer you a safe, reliable and affordable door to door service. They have a range of high quality and comfortable vehicles, from 8-seater to 16-seater minibuses; all drivers are fully trained and CRB-checked (or you can supply your own); and all vehicles are specially equipped with facilities for people with disabilities. BECT has over 20 years experience of serving Derbyshire's rural communities.

BECT is for community groups of all types and sizes based in the Derbyshire Dales and High Peak, whether it's a regular journey or a one-off trip, even to somewhere much further a field. They have vehicles and drivers available at

most times, but in particular in the evenings and at weekends. For a free quote or to discuss your specific needs, either:

Call Ann or Karen on 01629 641920

Or email [info@bect.org.uk](mailto:info@bect.org.uk)

## **Voluntary analysis on gender equality**

Employment relations body ACAS has published a "quick start" guide on Voluntary Gender Equality Analysis and Reporting, for organisations employing around 150 people or more that would like to address gender equality issues but are unsure about how to proceed. Full details at [www.acas.org.uk/vger](http://www.acas.org.uk/vger)

## **British Sign Language Courses**

Do you want to learn a new language? Gain a new skill and understand about the deaf world, culture and community? Arboretum Community Project is delighted to announce that they will be running accredited Level 1 and 2 British Sign Language courses from September 2011.

For more information about the courses email [arb-park@hotmail.com](mailto:arb-park@hotmail.com); text 07957 812595 or voice 07590 663373.

# Events

## **DDCVS Bakewell Networking Event**

Our development worker Jonathan Simcock has organised the next networking event - a first in Bakewell - for Tuesday 1st November at the Court Room, Bakewell Town Hall.

This is an informal opportunity to meet some of the staff from DDCVS for a coffee and to learn about the work of local Voluntary and Community Groups in Bakewell.

We hope that Matt Rowe from Awards for All and Joanna Ball from Derbyshire Community Foundation will be able to attend the event.

For more information please contact Jonathan on 01629 812154 or email [jonathan@ddcvs.org.uk](mailto:jonathan@ddcvs.org.uk)

## **DDCVS Annual General Meeting**

Our AGM this year will take place on Thursday 27th October at the Agricultural Business Centre, Bakewell. There will be coffee at 9.30 to start the meeting at 10.00. The focus this year will be on our tenth anniversary and we will be celebrating the work of the past ten years. If you would like to attend please contact Janet Smith on 01629 812154 or email [enquiries@ddcvs.org.uk](mailto:enquiries@ddcvs.org.uk)

## **Renewables Day for Farmers**

Farming and Wildlife Advisory Group in partnership with ICI Renewables are hosting a workshop on reducing energy costs and increasing income through renewable technologies. This will take place at the Farming Life Centre on Friday 28th October between 9.45 and 1.15. Cost per attendee is £10, booking is essential. Call FWAG on 0115 9726 497 for more information.

**NHS Reform *managing the transition***  
10 November 2011, The Barbican, London. The Health and Social Care Bill has sparked a huge amount of debate around the future of the NHS, and the planned reforms have been changed significantly following the government's listening exercise. Public Service Events' second annual NHS Reform conference will provide an excellent opportunity to examine the reform agenda and the controversies on the horizon of the developing landscape of the NHS. Full details of the programme at [www.publicserviceevents.co.uk/programme/196/nhs-reform](http://www.publicserviceevents.co.uk/programme/196/nhs-reform)

Or contact Aled Lloyd Roberts on 0161 831 7111 or email [aroberts@p-s-event.co.uk](mailto:aroberts@p-s-event.co.uk)

## That's it for this time!

### Our next newsletter will be in January 2012.

Please return this page to Janet Smith at DDCVS if the details for your organisation have changed or if you would like to be added or removed from our mailing list.

We may disclose your information to other voluntary and community groups or statutory agencies where we think it will benefit either party. If you object to such disclosure please tick here .

We may contact you in the future either by telephone or mailing about other events or projects. If you object please tick here .

If you have any query about how we use your data please contact Janet Smith at DDCVS. Tel 01629 812154 or email [enquiries@ddcvs.org.uk](mailto:enquiries@ddcvs.org.uk)

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I am the contact for DDCVS 'Quart' newsletter:

NAME: \_\_\_\_\_ GROUP: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TEL: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Help us save costs!** If you are happy to receive our newsletter by email please email Sarah Paisley. Email [sarah@ddcvs.org.uk](mailto:sarah@ddcvs.org.uk)

Thank you to our sources:

The staff of DDCVS, e-newsletters of Vol Resource, Faith in Derbyshire.

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