



Derbyshire Dales CVS

Quart

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The newsletter of Derbyshire Dales
Council Voluntary Service

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Training with DDCVS

Our Development Worker, Jonathan Simcock ran an introductory session to setting up a website for your group on Wednesday 7th July. The session was attended by members of three small local groups from the Dales and all managed to start a website for their group or activity. Participants enjoyed the time allocated to the topic and we are pleased to say they are coming back for more!

If you are interested in learning how to set up a blog or having a first go at putting together a website please get in touch with us at DDCVS and we'll see if we can arrange another training session. Tel 01629 812154 or email enquiries@ddcvs.org.uk

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Courses planned for the Autumn Term include time management; charities and managing risk; what is a Local Strategic Partnership as well as the usual Funding Surgeries and Finance Surgeries.

The surgeries are free so do take the opportunity to have your funding application looked over by one of the development team, or to talk about your particular funding issue. Finance Surgeries are a chance to bring your accounts in for Janet Smith, Finance and Facilities Manager, to check over. Janet is a Member of the Association of Accounting Technicians.

A flyer with more details of our up-and-coming training sessions is included with this mailing or take a look at our website www.ddcvs.org.uk

Hurst Farm Activities

Caroline Stone, our Community Development Worker based at Hurst Farm Community Centre, organised a fantastic street games project recently which had 16 children attend from Hurst Farm youth club. It was very successful and Caroline has managed to arrange 4 further sessions, which will run every Tuesday between 6.45pm and 8.45pm up until the summer holidays.

Street games will then run all through the summer every Tuesday and Thursday between 6.00pm and 8.00pm and everyone aged between 10—19 years is welcome. The Tuesday session will be held on the Helicopter Park Hurst Rise and the Thursday session at the Social Club on Hazel Grove. We have oz box, street dancers and Cyber Coach, just to name a few of the activities.



Street Games at Hurst Farm Summer 2010

Busy Bee Sessions: Four sessions are planned for 3-6 year olds and 7-11 year olds which will include a visit to the local fire station.

There will be trips down to Dene Fields again, where Ground Work and Matlock Town Council have arranged, a Mini Beast adventure, bat and bird box making, moth trapping and identification.

Also during the month of August we have a new group starting called 'Wise and Wonderful Words' which is an opportunity to share your favourite stories and poems and to talk about what they mean to you.

We would like to thank Nicola Wildgoose in Arts Development at Derbyshire Dales District Council and Derbyshire Sport for providing funding for these activities.

Recently Caroline and Rebecca (our Health Trainer) ran a series of 'Cook the Healthy Way' sessions at the Community Centre which were well attended, well received and will run again!

If you would like to book a place on any of activities or find out more about our community development work at Hurst Farm please email caroline@ddcvs.org.uk or call **07760 615519**



Healthy Cooks Hurst Farm Summer 2010

More CVS news

Health Trainer Update

Our Health Trainer, Rebecca Goodman, is based at Hurst Farm Community Centre, Matlock and on a Wednesday afternoon at the Lime Grove Medical Centre in Matlock. As well as supporting Caroline with cookery classes, Rebecca works with individuals who want to improve their health by motivating and supporting them to change their behaviours and lifestyles, such as eating more healthily, stopping smoking, taking more exercise and drinking more sensibly.

She can work with an individual to create a personal health plan, signpost to other services in the area and attend any clinics or classes with the individual. Our Health Trainer takes self referrals and professional referrals. The Health Trainer project is a new national initiative that is aimed to help tackle health inequalities in more deprived communities.

As well as working one to one with clients our Health Trainer also works with groups in the local community and has set up a food co-operative, walking group, cooking class and chair based exercise classes. If you would like more information about the health trainer service please call 07552 129340.

Wirksworth Learner Pool Update

Neil Moulden, our Chief Executive, has recently been working with colleagues from Rural Action Derbyshire on a report that looks at the current usage of

Wirksworth Learner Pool, and considers options for the future management and funding of the pool. A copy of the report can be seen on DDCVS's website in the Publications section.

www.ddcvs.org.uk/publications

Following the presentation of the report to Derbyshire Dales District Council and the Anthony Gell Foundation, DDCVS and Rural Action Derbyshire have been asked to do further work to produce a business plan for the pool. It is hoped that this work will be completed by the end of September 2010.

Signpost Service

The signposting team have continued to be very busy over the last couple of months, with a continued emphasis on work involving housing, debt, benefits and grant finding. Most referrals continue to come from social care in the High Peak and Chesterfield areas, whilst in the Dales the local children's centres provide the majority of referrals. Over the summer (when there can be a lull in referrals) we plan to have a publicity blitz and are going to reinstate the directories on the DDCVS website along with more information about ourselves and what Signpost can offer. This information should be in place during August, but do phone or email us for more details. We also have new updated leaflets so let us know if you need some extras.

Tel 01629 812900 or email signpost@ddcvs.org.uk

Funding News

Big Lottery Fund has launched the **Community Wildlife** programme:

Are you interested in learning more about wildlife around you? Do you think your community could help protect nature? Then **Community Wildlife** could be the programme for you. The Big Lottery Fund has teamed up with BBC to launch the programme, which brings communities together to improve or protect the natural environment by raising awareness of threatened wildlife or places.

Who can apply?

- Not for profit groups
- Local councils
- Schools
- Health bodies

How much is available?

Grants of between £300 and £10,000 for projects that can be completed within one year.

When is it available?

Application forms are available from www.biglotteryfund.org.uk There are three deadlines:

- 21st July 2010
- 22nd September 2010
- 24th November 2010

What will it fund?

Projects that improve rural or urban environments for people to enjoy, for example by:

- Protecting wildlife habitats
- Creating a nature trail, woodland walk or wildlife garden
- Improving community spaces such as rivers, ponds, woodlands

Projects that get people more active and healthier, for example by:

- › Exploring parks, rivers and the countryside to look for rare or endangered species
- › Encouraging people to take up gardening or to go on nature walks
- › Providing opportunities for children to learn about nature through play

How to apply?

Download the application form at www.biglotteryfund.org.uk/communitywildlife or call 0845 367 0610 for more information.

DDCVS Health Development Fund

This year we have a fund of approximately £9,000 which we administer on behalf of both Derbyshire County Primary Care Trust and the Derbyshire Dales and High Peak Local Strategic Partnership's Choosing Health fund. The fund is used to make grants to voluntary and community groups in the Derbyshire Dales for health and well-being activities related activities.

Grants awarded are up to £500. Larger grants can be considered in *exceptional* circumstances. To apply for this fund you must:

- Be a non-profit making voluntary sector organisation or community group that is based in and / or works in the Derbyshire Dales;
- Have an annual turnover of less than £20,000 in your last financial year;
- Have a management committee;

Funding News

- Have a bank account in the name of the organisation;
- Have a constitution or other form of governing document;

(In the case of a newly established group, you must be able to show that you have plans to put the things mentioned above in place.)

You can download an application form and information sheet about the grant from our website www.ddcvs.org.uk or email enquiries@ddcvs.org.uk for a copy. If you would like a copy posted to you please call us on 01629 812154.

Live and Work Rural Grants

Managed by the Live and Work Rural team at the Peak District National Park Authority these grants are for projects which can benefit the Peak District National Park environments. This means wherever possible your project needs to:

- Use the Peak District National Park landscape in a sustainable way
- Source products from the Peak District National Park
- Help create or sustain local jobs
- Reduce your carbon and water footprints

Grants are typical 40% of total costs up to a maximum payment of £3,500. Call the Live and Work Rural team for a

free consultation on 01629 816338 or email liveandworkrural@peakdistrict.gov.uk

Or to find out a bit more about the Live and Work Rural Project take a look at www.peakdistrict.gov.uk/liveandworkrural

Lush Grants Available

Grants of up to £10,000 are available from the Lush Charity Pot, set up by the handmade cosmetic group Lush.

Grants of a few hundred pounds up to a maximum of £10,000 are available for small grassroots charities, community groups and non-violent direct action groups working in the areas of the environment, conservation, animal protection and human rights.

In the past, nearly all its grants have gone to small organisations with a turnover of less than £250,000 per year. The company is particularly keen to support projects that create change and aim to get to the route of the problem. They also prefer to fund project costs rather than core costs, but will occasionally fund salaries.

Applications can be submitted at any time. For more information visit

http://www.lush.co.uk/articles/our_charity_support/introduction.html

Funding News

Comic Relief Older People's Programme

Comic Relief's Older People's Programme aims to support older people in the UK to bring positive change to their communities, enabling them to contribute their time, energy and skills to those individuals who need it most.

See: http://www.comicrelief.com/apply_for_a_grant/uk/olderpeople.

Expressions of interest are invited from community groups and organisations that target their work at Older People aged 65 and over. Comic Relief is looking to fund projects where older people are:

- acting as mentors to vulnerable young people;
- giving support to their peers who may be isolated;
- acting as advocates around the needs and rights of those with caring duties;
- running social enterprises.

Comic Relief particularly welcomes applications which address the needs of those in the community who experience the greatest levels of isolation and exclusion. Grants of between £15,000 and £40,000 are available for up to three years and applicants must be able to demonstrate the active engagement of older people in the development and delivery of the work. The deadline for Expressions of Interest is 3 Sept 2010.

Derbyshire Excellence in the

Community Awards

The 2010 round of awards has been launched with an entry deadline of 13 August 2010. See the website <http://www.derbyshire.gov.uk/community/excellenceawards/default.asp>

Would your group like to win £100?

Every year we reward a small local group with the 'Celebrating People Award'; a commemorative plaque, framed certificate and a cheque for £100, in honour of our very first chairman, Jim Heslop. Through this award, we want to celebrate and commemorate voluntary activity for personal and community growth. The award is intended to recognise outstanding contributions based in the Derbyshire Dales.

We present the award at our Annual General Meeting on the 23rd September. The award is open to all groups, however small or large, newly formed or long established and we encourage everyone to apply. There is a simple application form which groups are asked to complete and return to Neil Moulden at Derbyshire Dales CVS.

The closing date for applications is **Friday 10th September 2010.**

For an application form please call Janet or Sarah at Derbyshire Dales CVS on 01629 812154 or email enquiries@ddcvcs.org.uk

Events

Secret Gardens of Winster

Follow the garden trail around the streets and alleys of historic Winster to discover a wide variety of gardens on show. There will be a children's gnome hunt, cream teas, plant sales and live jazz.

The event takes place over two days: Saturday 17th and Sunday 18th July 1.30-5.30 pm, tickets are £4, children are free. More information at www.secretgardensofwinster.org.uk

Tideswell Male Voice Choir has a concert on Saturday 24th July at the Cathedral of the Peak, Tideswell. More details at www.tideswellmvc.co.uk

The **Ashbourne Multi Agency group** are holding their Annual General Meeting on Wednesday 15th September at the Ashbourne Community Transport Offices. Doors open at 1.00pm, meeting starts 1.30pm. If you would like to attend please contact Sarah Hallam at Volunteer Centre Derbyshire Dales. Tel 01335 348600 or email sarah@vcdd.org.uk

Advance notice

Our own AGM is planned for Thursday 23rd September, venue to be confirmed.

Congratulations to local village

The Peak District village of Tideswell will be put firmly on the culinary map after being awarded a Village SOS grant of over £400,000 to set up the local produce enterprise – Taste Tideswell.

BBC One will film the Taste Tideswell team's journey to get the enterprise up and running for a new BBC One series. By capitalising on the village's strengths of producing local food the project aims to increase sales, attract more visitors, create new jobs and protect the village from further decline.

Taste Tideswell is one of six projects to date to win funding through Village SOS – a scheme by Big Lottery Fund and the BBC that aims to inspire a rural revival across the UK. Village SOS responds to the plight of rural villages across the UK, and supports new community-led business ventures that will breathe new life into their areas, create new jobs and improve the quality of life for local people.

To find out more about Taste Tideswell watch the project's video at http://www2.biglotteryfund.org.uk/prog_village_sos?tab=2&fromsearch=-uk

Health and Social Care Forum

The next Southern Derbyshire Health and Social Care Forum will take place on Monday 19th July from 10.00am at the York Road Methodist Church, Swadlincote. Refreshments will be available.

To book a place or learn more about the forum please contact Pam Wood at South Derbyshire CVS.

Tel 01283 21976

Email pamw@sdcvs.org.uk

Information

Free Legal Advice

Thanks to funding from the Equality and Human Rights Commission, the Chesterfield and Nottingham Law Centres are offering **free** legal advice and representation. This is for people who live in Nottinghamshire, Lincolnshire and Derbyshire and have been discriminated against because of age, gender, race, disability, transgender issues, sexual orientation, faith, religious or non religious belief.

Has a client or friend experienced discrimination or harassment, for example, by:

Colleagues, manager or employer?
 Banks or building societies?
 Cinemas or theatres?
 Doctors or dentists?
 Hospitals or clinics?
 Leisure centres, hotels or B&Bs?
 Police
 Public and private landlords?
 Council or other public body?
 Shops or markets?
 Transport providers?

A person or organisation may discriminate against someone for a variety of reasons, but no matter whether it is based on race, colour, gender, age, disability, sexual orientation or religious or non religious belief - it is unlawful and the specialist workers at the Law Centres can help. For free advice around accessing goods and services contact Tony Ashwell at the Chesterfield Law Centre.

Tel 01246 550674

Email: clc@chesterfieldlawcentre.org.uk

For advice around Employment Law contact Carol Lawton at Nottingham Law Centre. Tel 01159 787 813 or email enquiries@nottinghamlawcentre.org.uk

The 3D Equalities Toolkit is now available to download from www.3dsupport.org.uk/news

The Toolkit is aimed at groups wanting to start to consider the accessibility of their organisation's activities and services and to consider what the barrier to some groups might be. It includes a simple checklist, as well as information about local and national sources of further help and support around each of the different equality issues.

New project from Derbyshire Coalition for Inclusive Living

DCIL has set up a project supporting people with mental health conditions. It is staffed by a paid worker and volunteers with mental health experience (either personally or in the capacity of being a carer). Outreach posts / drop in sessions are run in Matlock, Swadlincote and Bakewell every fortnight. The service offers advice, information and training to anyone interested in mental health and social inclusion.

For further information or to find out which dates DCIL will be in your area please call Rita Hodkin on 01773 740246 or email director@dcil.org.uk
 Minicom 01773 748452

Information

One East Midlands has produced a summary of Community & Local Government spending cuts

Community and Local Government has given more details about spending cuts across all local authorities. The announcement can be found at www.communities.gov.uk.

One East Midlands has produced a summarised version of the cuts, available at <http://www.oneeastmidlands.org.uk/news.php?readmore=852>

Anti Bullying

Following a recent Voluntary Community Independent Sector conference which included a focus on anti bullying, Derbyshire County Council has developed an Anti-Bullying Commitment. This is appropriate for use in all settings, from schools and children's homes to voluntary settings. The Commitment requires settings to continuously demonstrate that they meet eight key standards for safeguarding children and young people from bullying.

Anti-Bullying Week takes place this year from November 15th—19th. The week is organised by the Anti-Bullying Alliance (ABA) and the theme for this year's week is around the role of bystanders in reducing bullying. Visit www.antibullyingalliance.org.uk for more information and related resources.

For further information on the Derbyshire County Council Anti-Bullying Commitment please contact Tim Bancroft, Anti-Bullying Strategy Manager. Tel 01629 531670.

Written ministerial statement on the Vetting and Barring Scheme

Secretary of State for the Home Department, Theresa May announced on 15th June that the commencement of voluntary registration with the new Vetting and Barring Scheme (VBS) in England, Wales and Northern Ireland, which was due to begin on 26 July, would be brought to a halt.

The government is maintaining the current arrangements under which the Independent Safeguarding Authority is able to bar from 'regulated activities' those considered unsuitable to work with children or vulnerable adults, and appropriate cases must be referred to them. Criminal Records Bureau checks will also remain available for those eligible to receive them, and will continue to be required for certain posts where regulations are already in place.

Volunteer Centre Glossop has put together a useful information sheet on the subject which we include with this mailing.

Digital Activists Inclusion Network

is an exciting volunteer project work across the East Midlands. DAIN aims to promote digital inclusion by encouraging people to use technology with the help of volunteers (Digital Activists). If you are interested in volunteering with DAIN and getting experience of working with Information Technology as well as working with community groups please contact the project on 0115 933 9022 or email dain@wea.org.uk More information at www.dainproject.org.uk

That's it for this time!

Our next newsletter mailing will be in October 2010.

Please return this page to Janet Smith at DDCVS if the details for your organisation have changed or if you would like to be added or removed from our mailing list.

We may disclose your information to other voluntary and community groups or statutory agencies where we think it will benefit either party. If you object to such disclosure please tick here .

We may contact you in the future either by telephone or mailing about other events or projects. If you object please tick here .

If you have any query about how we use your data please contact Janet Smith at DDCVS. Tel 01629 812154 or email enquiries@ddcvs.org.uk

I am the contact for DDCVS 'Quart' newsletter:

NAME: _____ GROUP: _____

ADDRESS: _____ TEL: _____

EMAIL: _____

Help us save costs!

If you are happy to receive our newsletter by email please email Sarah Paisley at sarah@ddcvs.org.uk

Thank you to our sources:

The staff of DDCVS, e-newsletters of High Peak CVS, Community Action Derbyshire and Faith in Derbyshire.

QUART is written and edited by the staff of DDCVS. Every effort is made to check the accuracy of the information; however, no liability can be accepted for any error or omission.