

Quart

The newsletter of
**Derbyshire Dales
Council for Voluntary
Service**

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Derbyshire Dales CVS
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Our News

Hurst Farm food co-op day is changing to a **Friday** and the first one will be the 17th of April, thereafter every Friday from 9.30.

Saturday morning arts and craft activity for children aged 7—11 years returns on the 24th April for 5 weeks, all children must be accompanied by an adult.

Food hygiene and nutrition training course starts on the 30th April for 3 weeks between 12.00 and 3.00pm. English and computer course is running every Thursday between 10-12pm.

All of the above take place at Hurst Farm Community Centre.

A programme of **summer activities** for kids aged 7—11 years is being arranged for the summer and will be held in Dene fields. The activities will include, pond dipping, bug hunting, teepee and bivoc making, camp fire making, vegetable and plant growing in pots, planting around the pond, bat

and ladybird box making. The activity is to run through the summer holidays, days and time to be confirmed. Our spring walks have also been arranged and details follow further on.

If anyone is interested in joining any activity on the Hurst Farm estate please call Caroline on 07747 898160.

Step into Spring!

Rebecca Goodman, DDCVS's Health Trainer on Hurst Farm Estate has organized a new series of walks to places further a-field.

Monday 11th May Chatsworth Park

Monday 1st June Hartington village

Monday 6th July Dovedale

Monday 3rd August Tissington Trail

Monday 7th September Bradwell Dale (Youlgrave)

Monday 5th October Queens park, Chesterfield.

Pick up: 1.30pm Hurst Farm Community Centre, return 4.30pm

Cost: £3.00. Early booking is advisable, all welcome.

For more information and to book contact: Caroline or Rebecca on:

07747 898160 or 07552 129340

The regular health walks around the Hurst Farm Estate are still in full swing and every Monday Caroline and Rebecca have a loyal band of followers getting exercise and meeting new people. The group does a short, steady circular walk around the local area and meets back at the community centre for refreshments and a chat.

All ages and abilities can participate, though children must be accompanied by an adult. The walk is free and there is no need to book just turn up on a Monday morning at 11.00am. Please remember to bring suitable footwear, a bus pass and a waterproof.

Please note that on the Mondays when there is a special walk taking place further a-field there will be no local walk.

Why not become a member of DDCVS?

If you are not already a member of Derbyshire Dales CVS, why not join now? Membership is completely free of charge. Members have a vote at our AGM and EGMs; they can attend special members' events that we organise; and they enjoy special rates

for our practical services such as photocopying, equipment hire and room hire. For a membership form please call Janet Smith on 01629 812154.

Practical services from DDCVS

Just a reminder that a wide range of services and equipment are available from DDCVS. These include black and white and colour copying, A3 and A4 laminating, meeting room and equipment hire. If you have any queries about using these services or hiring equipment, please call Janet on 01629 812154.

Improving Reach

We have made good progress with our Improving Reach target with 9 Organisational Health Checks now completed. These organisations are now working on their action plans together with support from their key worker at DDCVS. This next year we are tasked with finding a further 18 organisations to work with.

In a nutshell an Organisational Health Check is a form to go through with a member of staff at CVS whereby we check that you have all the relevant policies and procedures in place for the organisation to run well. We might highlight a gap where your organisation should have a policy in place or it may be that your policy needs re-working, then we would help you with that. There isn't a cost to completing the Health Check other than TIME. However you would have the satisfaction that your organisation was up to date and it may well help

future funding applications. Also you may well be eligible for free training from the Learning and Development Consortium.

The next session is on the quality system PQASSO specifically designed for voluntary organisations. This training will be held on Tuesday 12th May at DDCVS offices in Bakewell. Lunch will be provided and the training will take place between 10.30 and 1.30. If you would like to attend please email hilary.slater@consortium.org.uk or refer to the flyer included with this mailing for further information.

If you think that your organisation might be interested in having an initial organisational health check, please call Sarah, Jonathan or Neil at DDCVS on 01629 812154.

Children and Young People's News

Training - There are still a number of places available on various courses available in the VCI training directory. The VCI Training Directory covers a wide range of new and existing training courses which are FREE to staff or volunteers who work with children and young people in the Voluntary Community and Independent (VCI) sector within Derbyshire. Individuals can claim up to £20 towards travel, childcare or back fill costs. Courses are available from this directory until July 2009 with a new directory available towards September 2009. To avoid disappointment when the new directory is available it is advisable to register now. If you would like a VCI Training Directory either on CD or a

paper copy; please contact Nikki Tugby or Di Hinchley on 01629 532093 or diane.hinchley@derbyshire.gov.uk. Alternatively you can download a copy from www.derbyshire.gov.uk/vci

Have a voice - Voluntary, community and independent (VCI) sector roadshow events are forums held in each Derbyshire district on a quarterly basis. Representatives from all VCI organisations and groups are welcome to attend. The purpose of these events is for representatives from all voluntary, community and independent sector groups and organisations to have the chance to discuss, share and learn in a forum based environment.

The next roadshow event for this district is on Friday 15 May in the Buxton Methodist Church Hall. At this event you can find out about:

Volunteering Support - how to get better at recruiting and supporting volunteers, **Youth Opportunity Fund** and how you can apply, **Contact point** how this new system will be better for children, young people and families. You will also have the opportunity to meet a local organisation and your district Grid representatives. A free lunch is provided to allow you time to meet other organisations.

E-mail Bulletin – the children and young people's development project now have a weekly e-mail bulletin. This is a county wide e-mail so involves county and relevant district information. Information covered varies but often includes, training

opportunities, funding, legal updates and volunteering and is aimed towards organisations of all sizes and structures. To receive the e-bulletin please contact Nikki Tugby
nikkit@sdcv.org.uk
01629 810904 or 07518 996779

Local Groups

The Get Together Club at Kniveton is going to Llandudno on 21st September to 25th September 2009. There are spare seats on the coach and the club would like to hear from anyone interested in joining them. There are optional trips out every day which are included in the price of £300 DBB in a 4* Hotel. For details contact:
Liz 01335 346078
Margaret 01335 344064

Cane Chairs Slow Down at Workshop for the Disabled

Has the credit crunch caused a slow down for this workshop? Greenaway Workshop for the Disabled has been industriously mending and repairing cane bottomed chairs for 27 years. But recently demand for this skill has slowed down to a point where there will soon be no work for the craftsmen who have worked so diligently over the years. There is still printing work going on and the rush bottomed chairs continue to come in for repair, but it is the lack of cane chairs coming in for repair that is causing the problem. Greenaway Workshop is a registered charity and is non profit making. It enables people with all types of disabilities to do a 'proper' days work. Self esteem

is bolstered, people go home able to talk about what went on at work. Carers, parents and partners are also able to benefit from some time to themselves. People who have a cane chair to be repaired benefit as well, so in fact everyone benefits!

But - without the cane chairs the workshop cannot provide enough work for everyone. So look in your lofts, check out your cane chairs, spread the word to all your friends and relatives about the good work done at Greenaway, and get those chairs coming in again. Greenaway can also do collating or envelope stuffing type jobs, so if you need some help, give us a call.

Greenaway Workshop for the Disabled is on Greenaway Lane, Hackney, Matlock. Tel 01629 734089 They also have a brand new website: www.greenawayworkshop.org.uk

The Ladies of **Tideswell Afternoon Tea Club** are seeking some local gentlemen, and some local ladies to join with them at their monthly Tea Club. The club meets at the Tideswell Institute on the third Tuesday of each month for light refreshments, activities and occasional trips to local places of interest.

Gladys Brett, of Tideswell, said ..."the Tideswell Afternoon Tea Club meetings have been an event I look forward to each month – friendly faces and a great chance for a chat and a cuppa..."

Betty, Gladys and Eileen would love to hear from you on 01298 871024.

News and information

Over 50's in the High Peak and Derbyshire Dales are 'Fit as Fiddles'.

People in the High Peak and Derbyshire Dales are encouraged to become Fit as a Fiddle by taking part in activities run by Age Concern to make active lifestyles more accessible among the over 50's. Fit as a Fiddle is part of a major national programme funded by the Big Lottery Fund that will facilitate more healthy, active and fulfilling lives.

A new Fit as a Fiddle course started in Matlock in March, and participants are enjoying the opportunity to take some time out to focus on their own health and well-being. Participants are enjoying tasters of different types of gentle exercise including yoga, tai chi and health walks. The course also includes nutritionist-led sessions which offer techniques to raise awareness about eating habits, and include food tastings and nutrition advice. Participants have the opportunity to set their own goals and therefore focus on what is appropriate and achievable for them.

Fit as a Fiddle courses are available free of charge. They can be accessed by individuals, and can also be booked by groups or clubs. For more information about accessing a free course, please contact Sue Hannan on 01629 813657.

Age Concern Information Road Show

Katharine Wilson has recently taken up the post of "Information Road Show

Officer" with Age Concern Derby & Derbyshire. The information Road Show is funded by Derbyshire County Council and co-ordinates a countywide Road Show to promote good health and well being for older people.

What the Information Road show offers

The emphasis is to provide information about money, housing, safety, keeping warm and well, practical help in the home, social contact and leisure and health promotion to enable older people to make choices and take decisions. A mobile display is available for customers to view and brief presentations can be arranged for groups. The Road Show responds to enquiries and follows up enquiries as necessary.

For more information or to book the Road Show please contact:
Katharine Wilson on 01773 768240
Mobile: 07500 276688
Email:
katharine.wilson@ageconcernderbyshire.org.uk

Handy Recruit in the fight against crime

A new recruit is helping maintain the Derbyshire Dales' proud record as one of the safest places to live in England. Derbyshire Dales District Council, in partnership with the police and fire service, uses the Handy Van network to reduce the risk of burglary and fire, and to support people whose homes have previously suffered a break-in.

Local man Brian Rogers has joined

Handy Van to become 'the man in the van', helping vulnerable and older Dales residents. He said: "As a resident of the Derbyshire Dales I am delighted to be working on my home patch and helping Handy Van to further reduce the likelihood of crime and other problems in people's homes."

Residents certainly appreciate the Handy Van service. One wrote to say: "I was very impressed. With the security devices and the operator's knowledge, I'll be more relaxed knowing that my children and myself are secure and safe."

Over 170 homes in the Derbyshire Dales have benefited in the last 12 months from the Handy Van service, which provides safety and security improvements to vulnerable properties. In total, 461 tasks were completed in the year to the end of January, including the fitting of security devices, fire and safety checks and the installation of fire equipment and key safes. The project has so far been 100% effective at reducing burglary in the Dales: none of the people whose homes have been secured have suffered any further break-ins.

The Handy Van service, which qualifying households can access free twice a year, is available Monday to Friday from 9am to 5pm. Brian's van can visit your home and help with:

- Home Fire Safety Checks
- Smoke Alarms checked and fitted
- Home Security Checks
- Energy Efficiency Advice

Practical tasks such as changing light bulbs, securing carpets and rugs, removing and hanging curtains, checking stair rails are secure and appropriate, installing key safes, path and door access clearance and securing tap washers to reduce dripping taps. Handy Van cannot offer an emergency service for plumbing or electrical problems, where the appropriate organisations should be contacted.

To contact the Derbyshire Dales Handy Van, call 0845 850 8013.

Real help for local communities

Derbyshire Housing Aid is a local charity working across the county for the past 14 years to prevent the problems of homelessness and financial difficulty. The charity has enabled more than 100,000 local people to resolve their housing, debt and welfare benefits problems through free specialist legal advice and representation in court.

In the past, few people would have known what a 'credit crunch' was or how it might affect them; today it is a harsh reality for many people in our local community. Tough borrowing conditions, rising unemployment and declining demand for goods and services is making it hard for people to keep their homes safe and their finances manageable, leading to escalating debt and housing repossessions across Derbyshire.

For more information, help with booking an appointment, or referral details please contact Kath Jackson 01332 287850 ext 283

The end of statutory disciplinary, dismissal and grievance procedures

The final version of ACAS code of practice, which should be followed for disciplinary and grievance matters, has been approved by Parliament.

Important: Under transitional provisions, the old procedures still apply for disciplinary and grievance procedures started before 6 April 2009, or relating to actions that took place before then. More information on Sandy Adirondack's website: www.sandy-a.co.uk/employment.htm#discipline

Do you need a speaker?

We have had an email at CVS from the Energy Saving Trust, which is a Government organisation set up to give free impartial energy advice. This year they want to get involved in any community events, including presentations, talks and information stands. If you are interested please contact Simmy Bilkhu, Project Administrator on 0115 959 7716

VOICE Project

Hosted by Derbyshire Rural Community Council and South Derbyshire CVS, 3Dsupport provides support for third sector voluntary and community organisations in Derbyshire. 3d Support has a project

called VOICE which aims to help frontline voluntary and community organisation understand more about Derbyshire County Council and its partners working together to deliver public services.

Their website www.3dsupport.org.uk has a directory of a Derbyshire based voluntary support organisation such as ourselves as well as downloadable publications on statutory news (many of which invite your comments) such as the Draft Derbyshire Sustainable Community Strategy 2009-2014 and the Personalisation Agenda in Health and Social Care.

Have a look at www.3dsupport.org.uk or call Claire Thornber on 07827 243800 or email C.Thornber@derbysrcc.org.uk

Their latest newsletter is also available online which gives details of their work so far and tells you who represents the voluntary sector within the Local Area Agreement. There is also information about the National Indicators for Derbyshire. These are around issues such as reducing crime, reducing obesity amongst school-age children, increasing adult participation in sport, etc.

If you are a community group looking for evidence for the need for your project in order to apply for funds or even just for your annual report or newsletter the Derbyshire LAA Bulletin may well be worth a look.

Funding news

DDCVS Health Development Fund

If your group is looking for a small grant, why not apply to DDCVS's own small grants fund? Grants of up to £350 are distributed quarterly. The work funded should contribute to the health and well-being of people in the Dales. A wide range of local groups have already received support from this fund.

For further information contact Neil on 01629 810901 or go to www.ddcvs.org.uk and click on the Grants section on the left hand side. The next deadline is 26th June 2009.

Grassroots Grants from Derbyshire Community Foundation

This fund supports a broad range of community and voluntary groups with a variety of different costs. As with all of the Foundation's funds, the overarching purpose of each grant we make is to enhance the quality of life for people living in Derbyshire communities and to tackle disadvantages and inequalities faced by people living in the county and city today. To apply your group must have a turnover (annual income) of no more than £30,000. Your group must also have been running for over 12 months. Groups can apply for a minimum of £250 and a maximum of £5,000.

More information available at www.derbyshirecommunityfoundation.co.uk or call 01773 514850 and ask for Lisa Farnsworth.

Leader Rural Development Funding

Phase one of the LEADER Rural Development Programme for England has resulted in a total of £46,821 being awarded to local Derbyshire Dales projects. The fund, which is available until 2013 and provided by the European Union and Defra, has been awarded by East Midlands Development Agency (emda) and Advantage West Midlands and is being delivered across the Peak District Rural Action Zone by the Derby and Derbyshire Economic Partnership (DDEP).

LEADER is aimed at giving financial help to very small rural businesses and social enterprises. Grants from £3,500 upwards are available; the first round of the fund has seen two local projects awarded a total of £46,821.

Sudbury-based Griffiths Mill in the Derbyshire Dales is the first project to receive LEADER funding. This husband and wife partnership has been awarded £22,321 for their business, which is mainly focused on forestry and farming. The funding will go towards building a mini mill to process fibre and fleeces.

The mill is based on sustainable materials, including the use of recycled water and will process higher quality fleeces/fibres from large and small farmers. Products will be sold via their website, at craft fairs and on-site. In time, the mill will provide two new jobs and will also be open to small groups to learn about the entire process from livestock rearing through shearing and

processing to finished garments. Speedwell Mill has been awarded £24,500. Based in Wirksworth, the company is home to a woodworking business, which has been established for 19 years. The firm specialises in environmental conservation and preservation and designs, manufactures, installs and repairs bespoke furniture and joinery.

The £24,500 grant awarded by LEADER will enable them to expand and invest into other areas such as machinery, work space and environmental issues. This will also help the business provide training facilities in conservation joinery and building training. The Mill will incorporate a bio-mass heating system to provide hot water and heating using waste off-cuts and coppiced timber, already available on site.

LEADER is co-ordinated by the Local Action Group (LAG), which comprises 15 public, private and voluntary sector representatives, all with local knowledge and expertise. DDCVS is a member of the LAG. For further information about the LEADER project and grant eligibility, visit www.ddep.co.uk or e-mail amanda.brown@ddep.co.uk.

Youth Funding from Derbyshire County Council

Following on from the publication of "Youth Matters: Next Steps" the government pledged £115 million for 2 years to allow young people to benefit from positive activities and contribute to their community. Young people were encouraged to engage in a wide range

of sporting, cultural and recreational activities and experiences, and had opportunities for volunteering. The government proposed that the money made available should be controlled by young people and that it was they who should decide how it should be used. Particular emphasis was placed on involving young people from disadvantaged or hard-to-reach groups and those who traditionally face barriers to participation, such as young disabled people, young care leavers, looked after young people, young offenders, young carers, young refugees, young lesbians and gay men, young black and minority ethnic people, travellers and those in rural areas.

The success of these funds in engaging young people has resulted in the government expanding the funding for a further 3 years. Derbyshire's allocation of the YOF & YCF is 392K & 339K each year until April 2011. The YOF is to be spent on revenue costs which could include staffing, hire of facilities, transport, trips or residentials, or other activities that young people say they want, and the YCF on capital expenditure which could be buildings, vehicles or equipment.

The 'help us spend a million' consultation exercise undertaken in Derbyshire in 2006 received over 4,500 responses from young people. Broadly these identified the following wish list:

- More safe places to hang out*
- More club and disco nights*
- More internet cafes*
- More dance and drama clubs*
- Better and cheaper transport*

*More and better sports facilities
More activities for young people
More cinema and leisure activities*

Over the last 2 years over 250 projects in Derbyshire have been funded, from small projects such as providing a whiteboard for a youth information shop to large scale projects involving different partner agencies such as the installation of multi-user games areas. The County Youth Forum is now looking for ideas for projects for young people around '*Things to do, Places to go*' that meet the criteria on this wish list to be submitted on the project proposal form. Any proposals will be presented to the County Youth Forum who will then approve them or not in the light of the following criteria:

*Does it address one or more of the wish list above?
Is the project in a needy area?
Does it help a disadvantaged group of young people?
Have young people been involved in the request?*

It is a requirement of the funding that young people are involved at all stages of the project, and on the proposal form there is a space to record the names and details of these project leaders. A group can apply any time throughout the year; the Youth Forum meets to discuss proposals about every six weeks, generally projects submitted at the beginning of the month will be discussed by the end. There is no set limit on how much a group can apply for. The largest funding ever given was £45,000, the smallest £200. In general most projects seem to fall between

£2,000 and £10,000.

More information available at :
www.derbyshire.gov.uk/yof

Or call John Rogers on 01629 580000 x 5725.

Email john.rogers@derbyshire.gov.uk

Awards for All / Lottery Small Grants Update

Recently CVS Development Worker, Sarah Paisley attended a conference run by the Lottery giving information on the new Awards for All programme, Arts Council's Grants for the Arts, Heritage Lottery small grants and Sport England small grants programme.

In brief, the new Awards for All programme will continue as a small grant scheme for less than £10,000. The speaker indicated that they would prefer small applications of less than £10,000. Projects must help to deliver Big Lottery Fund's outcomes—people having better chances in life with better access to training and development to improve their life skills; stronger communities with more active citizens working together to tackle their problems; improve rural and urban environments which communities are better able to access and enjoy; healthier and more active people and communities.

There will be no regional outcomes to meet. If the main purpose of the project is to support sports, arts or heritage the group will be signposted to those funders. More information at www.awardsforall.org.uk or call

0845 1 20 30 40

The Arts Council's objectives are broad—high quality arts and high quality arts experience; more people attending and taking part in the arts; more people feel that there are opportunities to enjoy and get actively involved in arts activities that are personally relevant to them; arts that reflect the diversity of contemporary England; artists having the freedom and are challenged to innovate.

Grants for the arts can fund organisations and individuals but applications are not assessed together so organisations applying for a grant are assessed alongside other organisations, likewise for individuals. The arts council expects 10% of the project cost to be funded by the applicant or another funder. There is more information available at www.artscouncil.org.uk or call 0845 300 6200.

The Heritage Lottery Fund has a small grants programme for projects above £3,000 and below £50,000. Projects must help people learn about their own and other people's heritage. It must also help conserve heritage or help more people participate. The East Midlands Heritage Lottery Team has approximately £900,000 for small grants in the region. There are Development Priority Areas of Ashfield, South Holland and Wellingborough, money is not ring-fenced but HLF aims to put development time in these areas. The East Midlands Regional Office can be contacted on 0115 934 9050.

Sport England has a small grants programme which is open to local authorities as well as community groups. They prefer affiliation to your sporting body

and your sport needs to be in your Local Plan for Sport. The Sport England Strategy for 2009-11 is based on three core outcomes: Grow, Sustain and Excel. The small grants programme will contribute to the delivery of Grow and Sustain.

Grow: Increase regular participation in sport by 200,000 adults per year; major contribution to the delivery of the 5 hour sport offer engaging more 5—29 year olds in sport.

Sustain: reduction in post-16 drop off in at least five sports by 25% by 2012-13; a quantifiable increase in satisfaction.

On 24th April Sport England is launching their First Theme which is Rural Communities. Information will be posted on their website www.sportengland.co.uk Or call the information line on 08458 508508.

If you would like a paper copy of the presentations from any of the above funders please contact Sarah at CVS. 01629 812154

Volunteering News

Next Volunteer Co-ordinators' Network is in Ashbourne on Wed 20th May between 9.30 and 12.30. Call Debbie Webster for more information on 01335 218604 or email debbie@vcdd.org.uk

Training session on Support and Supervision of Volunteers on Wed 1st July between 9.30 and 12.30 at Darley Dale. Book with Sam Tock, call 01629 810907 or email sam@vcdd.org.uk

That's it for this time - our next newsletter mailing will be in July 2009.

Sarah Paisley will be writing this edition, if you have anything you would like to include in the newsletter please email sarah@ddcvs.org.uk or call 01629 812154.

Please return this page to Janet Smith at DDCVS if the details for your organisation have changed or if you would like to be added or removed from our mailing list.

If you would prefer to receive Quart by email please let Sarah or Janet know.

We may disclose your information to other voluntary and community groups or statutory agencies where we think it will benefit either party. If you object to such disclosure please tick here .

We may contact you in the future either by telephone or mailing about other events or projects. If you object please tick here .

If you have any query about the use we how we use your data please contact Janet Smith at DDCVS. Tel 01629 812154 or email enquiries@ddcvs.org.uk

I am the contact for DDCVS 'Quart' newsletter

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